

Luisa Caruso (1987)

Proposed for election at 2026 AGM.



Luisa applied to read English at Trinity Hall since she had learnt it was a small and friendly college. She loved that many literary greats studied at Cambridge and was amazed to find recently that authors such as T.S. Eliot and C.S. Lewis had participated in Trinity Hall's literary club, The Hesperides Society.

After a brief career in publishing, mainly as an Editor of art books, Luisa joined the Civil Service Fast Stream. She specialised in international trade, representing the UK and the EU on numerous committees, including two stints responsible for EU trade matters at the European Commission in Brussels. She also studied at the London School of Economics and then undertook over five years' postgraduate study at Regent's University to train as an adult psychotherapist. After various roles, Luisa now runs her own private practice in central London.

Luisa is a long-standing College Year Rep and is keen to help support current students and to foster connections between alumni. She values THA events, which bring decades of alumni together at interesting venues, and she hopes to bring her experiences of committee and board participation to the THA Committee.